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#### ORIGINAL PAPER



# The disease course of Castleman disease patients with fatal outcomes in the ACCELERATE registry

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#### Summary

Castleman disease (CD) describes a group of rare, potentially fatal lymphoproliferative disorders. To determine factors associated with mortality in CD, we analysed data from deceased patients in the ACCELERATE registry and compared them with matched controls. We analysed demographic, treatment and laboratory data from all deceased CD patients, matched controls and a subgroup of idiopathic multicentric Castleman disease (iMCD) patients. Of the 140 patients in ACCELERATE with a confirmed CD diagnosis, 10 had died. There were 72 patients with confirmed iMCD; six were deceased. The deceased CD cohort had more hospitalisations per year, higher overall hospitalisations and more days hospitalised per month, and received more treatment regimens per year than the matched-control group. Analysis of laboratory values showed a significantly decreased absolute lymphocyte count at months 3 and 6 in the deceased cohort compared with controls. Among iMCD patients, there was a higher proportion of iMCD-TAFRO (thrombocytopenia, anasarca, fever, reticulin myelofibrosis, renal dysfunction and organomegaly) cases in the deceased group. The deceased iMCD group had significantly lower immunoglobulin M, international normalised ratio and platelet count. These data demonstrate that there may be differences between patients who have fatal and non-fatal outcomes, and provide preliminary suggestions for parameters to evaluate further.

#### K E Y W O R D S

ACCELERATE, disease course, idiopathic multicentric Castleman disease, mortality, registry

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Castleman disease (CD) is a rare, poorly understood lymphoproliferative disorder, classified first as unicentric (UCD) or multicentric (MCD) based on whether one or multiple regions of enlarged lymph nodes are involved.<sup>1,2</sup> MCD, unlike UCD, cannot be cured by excision of the enlarged nodes, follows a more serious and protracted disease course, and requires tailored specialist care and therapy.<sup>3-5</sup>

MCD is subdivided into three groups based on aetiology.<sup>6</sup> Polyneuropathy, organomegaly, endocrinopathy, monoclonal gammopathy and skin changes (POEMS)-associated MCD involves excessive cytokine production by a monoclonal plasma cell population. Human herpesvirus-8 (HHV8)associated MCD is a lymphoproliferative disorder caused by uncontrolled proliferation of HHV8-infected plasma cells/ plasmablasts and HHV8-driven cytokine dysregulation,<sup>7-9</sup> whereas idiopathic MCD (iMCD) involves a similar cytokine storm — in which interleukin (IL)-6 is a key driver in many cases — but has an unknown aetiology and an emerging understanding of pathogenesis.<sup>10-17</sup>

iMCD is further subdivided into iMCD-TAFRO (thrombocytopenia, anasarca, fever, reticulin myelofibrosis, renal dysfunction and organomegaly) and iMCD-not otherwise specified (iMCD-NOS).<sup>18,19</sup> iMCD-TAFRO tends to have a more severe clinical course and worse outcomes than iMCD-NOS.<sup>18</sup> Given that iMCD is the most severe and least understood subtype of CD, identifying unique laboratory or clinical factors that may indicate patients who are at higher risk of mortality is needed.

Siltuximab, an anti-IL6 monoclonal antibody (mAb), is the only US Food and Drug Administration (FDA)- or European Medicines Agency (EMA)-approved treatment for iMCD; it is recommended for first-line use.<sup>20-22</sup> Corticosteroids are commonly used alongside siltuximab, which is effective in approximately 34%–45% of iMCD patients. Immunomodulatory/immunosuppressive agents are often used in refractory patients, and chemotherapy is often needed in the most severe cases.<sup>20,23,24,25</sup>

There is a paucity of data describing the natural history of all forms of CD and limited data related to outcomes and prognosis.<sup>4,26</sup> ACCELERATE is an international natural history registry established in 2016 to collect real-world data on patients with CD.<sup>20,27</sup> Patients who have received a pathological CD diagnosis can enrol online (www.CDCN.org/ACCELERATE) from anywhere in the world or through one of nine sites in Europe. Their medical history is then collected and extracted into the study database. One of the goals of ACCELERATE is to better understand the characteristics of deceased patients and outcomes associated with CD.<sup>25,27,28,29,30,31,32</sup>

We conducted analyses of deceased patients in the ACCELERATE registry and compared them with matched controls (patients who had a similar disease type, age and severity at presentation but a non-fatal outcome), with the aim of determining factors associated with mortality in CD. We also examined a subgroup consisting of deceased iMCD patients compared with all other iMCD patients in the registry to determine if there are any unique factors or prognostic markers associated with mortality in this group, for which there is no known aetiological trigger for disease.

# **METHODS**

## Study design and patient population

ACCELERATE (NCT02817997) inclusion criteria require a reference pathology report suggesting 'Castleman disease' and ability to provide informed consent. There are no age restrictions. The enrolment and study process have been previously described.<sup>27</sup> Diagnostic, medical and treatment data are subsequently reviewed by an expert panel of clinicians and pathologists, referred to as the Certification and Access Subcommittee (CAS), to assess the likelihood of an accurate CD diagnosis. Selected patients and controls needed to have pathological and clinical features determined by the CAS to be consistent with CD. At the time of this analysis, 372 patients met enrolment criteria, 140 of whom had been reviewed and graded as likely to have CD by the CAS. All patients in these analyses were required to have a certified CAS grade and confirmed CD diagnosis.

In these analyses, we describe the characteristics and disease course for enrolled patients in four groups: (1) the deceased CD cohort (n = 10): CD patients who died prior to analysis; (2) the matched-control CD cohort (n = 19): patients best matched to the deceased cohort in terms of CD subtype (UCD, HHV8-MCD, POEMS-associated, iMCD), age and disease severity who were still alive at the time of analysis; (3) the deceased iMCD cohort (n = 6): patients with a confirmed iMCD diagnosis who died prior to analysis; and (4) the non-deceased iMCD group (n = 66): all patients with a confirmed iMCD diagnosis who were still alive at the time of analysis. Patients in the deceased iMCD cohort are also included in the deceased CD cohort, so comparisons between these groups are not possible.

For the matched-control CD cohort, three criteria were used to match patients to those with a fatal outcome. The primary matching criterion was diagnosis subtype, followed by age and disease severity. Disease severity was assessed and matched through a modified CHAP [C-reactive protein (CRP), haemoglobin, albumin, performance status] score. As performance status was not universally reported, we modified the score to only include the first three features: CRP, haemoglobin and albumin (CHA).<sup>34</sup> CHA score measured closest to diagnosis was used, and both total scores and individual components of the CHA score were used to compare and match patients. We matched two control patients to each individual deceased patient.

# Statistical analyses

Due to the limited patient numbers and varying datasets, descriptive analyses were performed on demographic and

clinical data at first patient-reported symptom onset, at diagnosis and throughout the disease course. The number of regimens, regimens per year and days from first patient-reported symptom onset to first CD treatment were calculated.

Exploratory analyses were conducted using laboratory data. To delineate differences in the profile of laboratory measures, we performed two-tailed *t*-tests with Welch correction to determine statistical differences between the deceased and non-deceased groups for the different cohorts (deceased CD versus matched-control CD, and deceased iMCD versus non-deceased iMCD) at the time of diagnosis. Repeated-measures linear mixed modelling was used to look at longitudinal changes in the laboratory measures.

For the quantitative analysis, the mean  $\pm$  standard deviation (SD) was reported. A *p* value of <0.05 was considered significant. All analyses were performed using GraphPad Prism 9.0 (GraphPad Inc.). Kaplan–Meier survival curves were also developed to analyse survival in the general CD population and iMCD population. However, one iMCD patient did not have a first patient-reported symptom date and therefore was not included in the survival curve analysis.

# RESULTS

# **Cohort baseline characteristics**

Of the 372 patients who met inclusion criteria for enrolment in ACCELERATE at the time of this analysis, 140 had been reviewed by the CAS and given a grade consistent with a CD diagnosis (CAS-confirmed). Ten of these patients had died at the time of this analysis. Using the three specified matching criteria, it was possible to match 19 patients to the deceased cohort according to our prespecified 2:1 matching approach. The 2:1 matching was not possible for POEMSassociated MCD patients, as there were only three suitable matches for the two patients in the deceased cohort. Table 1 lists the baseline characteristics for the deceased CD and matched-control CD cohorts. For the deceased CD cohort, the median (range) age at diagnosis was 47.9 (13.5-80.8) years (50.0% male), and the median age at death was 56.2 (13.7-80.9) years. The median (range) time from diagnosis to death was 226.0 (16-3516) days. One patient was diagnosed with UCD, eight with HHV8-negative MCD (two were POEMS-associated MCD, and six were iMCD) and one with HHV8-positive MCD. Owing to the small sample size, differences in mortality based on CD subtype could not be studied. Three were children at the time of diagnosis, with an age range of 13.5-17.0 years.

There were 72 CAS-confirmed iMCD patients, of which six (8.3%) died prior to analysis. The median (range) age at diagnosis for the deceased iMCD group was 52.4 (15.2–66.7) years (50.0% male) and 37.3 (2.6–71.3) years (53.0% male) for the remaining non-deceased iMCD group (Table 2). The median (range) time from final diagnosis to death was 63.5 (16–2952) days. The most common histopathological subtype was hypervascular (66.7% in the deceased group and 59.1% in the non-deceased iMCD group). In the deceased iMCD group, 83.3% were iMCD-TAFRO cases, whereas in the non-deceased iMCD group, 51.5% of cases were iMCD-TAFRO. Overall, there were 33 iMCD-NOS patients (32 lived; one died) and 39 iMCD-TAFRO patients (34 lived, five died). The odds ratio and *p* value of dying among iMCD-TAFRO cases were 4.7 and *p* = 0.17.

## Time to treatment

For the deceased CD cohort, the median time to first treatment from first patient-reported symptom onset was 47.0 days. For the matched-control CD cohort, the median time to first treatment was 214.0 days. There was substantial variability in time between first patient-reported symptom onset and first treatment for both the deceased CD cohort (23–884 days) and the matched-control CD group. Four matched-control CD patients received a CD treatment before they reported their first CD symptoms. For an additional patient, no treatments were reported. There were no significant differences between the two cohorts.

# **Treatment regimens**

In the deceased CD cohort, eight (80.0%) patients were first treated with a mAb-containing regimen (e.g. tocilizumab, siltuximab or rituximab). Other first-line treatments included cyclophosphamide, prednisolone and valganciclovir. Among patients with iMCD (n = 6), three (50.0%) were treated with siltuximab first line.

Regimens were similar in the matched-control cohort. One patient had no treatment recorded. Of the matchedcontrol CD patients with an iMCD diagnosis, one (8.3%) was given siltuximab first line. One POEMS-associated MCD patient was given siltuximab first line.

Overall, the deceased CD cohort received 50 regimens, with only 22 (44.0%) containing a targeted therapy (rituximab, siltuximab or tocilizumab) (Supplementary Table S2). The matched-control CD cohort received 69 regimens, with 35 (50.7%) containing a targeted therapy. Although rituximab was not given to any deceased HHV8-positive MCD patients as first-line therapy, all HHV8-positive MCD patients received a rituximab-containing regimen in their disease course.

The deceased CD cohort was treated with significantly more regimens per year than the matched-control CD cohort (2.0 vs 0.5 respectively; p < 0.05). The deceased CD cohort had a similar number of total regimens throughout the duration of follow-up to that of the matched-control CD group (3.5 vs 3.0), despite a longer follow-up (p = 0.054) in the matched-control CD group.

In the iMCD group (both deceased iMCD and nondeceased iMCD cohorts), 44 (61.1%) patients received

#### TABLE 1 Patient demographics and characteristics (deceased CD and matched-control CD cohorts)

Patient ID	Diagnosis	Histopathology	Sex	Age at diagnosis				
Deceased CD group								
1	UCD	Hyaline vascular	Male	13.5				
2	iMCD	Hypervascular	Female	15.2				
3	iMCD	Hypervascular	Male	17.0				
4	iMCD	NS	Female	43.4				
5	iMCD	Hypervascular	Female	65.5				
6	iMCD	Hypervascular	Female	61.3				
7	iMCD	Mixed	Male	66.7				
8	POEMS-associated MCD	Plasmacytic	Male	52.3				
9	POEMS-associated MCD	NS	Male	40.5				
10	HHV8-associated MCD	Plasmablastic	Female	80.8				
Matched-control C	D cohort							
11	UCD	Mixed	Male	48.5				
12	UCD	NS	Female	19.0				
13	iMCD	Hypervascular	Male	13.9				
14	iMCD	Hypervascular	Female	21.7				
15	iMCD	Hypervascular	Female	18.5				
16	iMCD	Hypervascular	Male	2.6				
17	iMCD	Mixed	Female	45.7				
18	iMCD	Hypervascular	Female	39.8				
19	iMCD	Hypervascular	Female	65.9				
20	iMCD	Mixed	Male	47.6				
21	iMCD	Hypervascular	Male	65.2				
22	iMCD	Hypervascular	Female	40.3				
23	iMCD	Plasmacytic	Female	53.7				
24	iMCD	Mixed	Female	50.7				
25	POEMS-associated MCD	Mixed	Male	43.0				
26	POEMS-associated MCD	Mixed	Male	39.7				
27	POEMS-associated MCD	NS	Male	56.7				
28	HHV8-associated MCD	Plasmablastic	Male	68.1				
29	HHV8-associated MCD	Plasmablastic	Female	64.2				

Abbreviations: CD, Castleman disease; HHV8, human herpesvirus 8; iMCD, idiopathic multicentric Castleman disease; NS, not stated; POEMS, polyneuropathy, organomegaly, endocrinopathy, monoclonal gammopathy and skin changes; UCD, unicentric Castleman disease.

siltuximab therapy at some point in their treatment course, of which 39 (54.1%) patients received siltuximab as their only IL6-blocking therapy and five (6.9%) patients received both siltuximab and tocilizumab at points during their treatment. Ten (13.9%) patients did not receive any anti-IL6 blocking therapy and 18 (25.0%) patients received to-cilizumab only.

# Hospitalisations

Patients in the deceased CD cohort had significantly more hospitalisations per year than those in the matched-control CD group (2.16 vs 0.59 respectively; p = 0.028) (Table S1). A similar trend was observed in the number of hospitalisations

# Mortality

Mortality data from the MCD literature suggest that the five-year overall survival rate has historically been 51%–77%.<sup>25,27,28,29,30,31,32</sup> A substantially lower proportion of patients in the ACCELERATE registry died within five years

(3.30 vs 2.32; p = 0.290) and days hospitalised per month

(2.16 vs 0.86; p = 0.076). The mean number of days hospi-

talised since diagnosis trended towards being greater in the

deceased CD cohort than in the matched-control CD cohort

(64.70 vs 25.84), but this was not significant (p = 0.076). The

duration of follow-up (years) was also lower in the deceased

than in the matched-control cohort (3.64 vs 7.15; p = 0.054).

 TABLE 2
 Patient characteristics of the non-deceased iMCD and deceased iMCD cohorts

Characteristic	Deceased iMCD group ( <i>n</i> = 6)	Non-deceased iMCD group ( <i>n</i> = 66)		
Age at diagnosis, years: median (range)	52.4 (15.2–66.7)	37.3 (2.6–71.3)		
Male, %	50.0	53.0		
TAFRO cases, %	83.3	51.5		
Histopathology, %				
Hypervascular	66.7	59.1		
Plasmacytic	0.0	7.6		
Mixed	16.7	28.8		
Not stated	16.7	4.5		
Nationality, %				
American	66.7	89.4		
Other	33.3	10.6		

Abbreviations: iMCD, idiopathic multicentric Castleman disease; TAFRO, thrombocytopenia, anasarca, fever, reticulin myelofibrosis, renal dysfunction and organomegaly.

of diagnosis than in the literature, likely owing to reporting bias. Deceased patients comprise 8.3% of the iMCD patients enrolled into the ACCELERATE cohort (n = 72), with a mean survival of 1744 days. Immediate cause of death was cardiopulmonary events (n = 2), pneumonia (n = 3), polyneuropathy and extensive paraneoplastic pemphigus (n = 1), and unknown (n = 3). Preliminary cause of death was reported in two patients (multi-organ failure and cardiorespiratory failure). Kaplan–Meier survival estimates showed that nearly all deaths occurred within 1000 days of first patientreported symptoms in both the general CD (Figure 3A) and iMCD cohorts (Figure 3B). Median survival was not reached in either cohort.

### Laboratory data analysis

We assessed differences in the profile of 25 laboratory measures at the time of diagnosis between the matched-control CD and deceased CD groups (see Table S2).

# CD analysis (matched-control CD cohort, n = 19; deceased CD cohort, n = 10)

There were no significant differences in laboratory values around the time of diagnosis between the deceased CD and matched-control CD groups, with the exception of uric acid levels, which were significantly decreased in the deceased cohort compared with the matched-control group (t = 2.194, p = 0.041) (Table S2) but still within the normal range. Next, we sought to understand if changes in any laboratory values over time were associated with mortality. A mixed longitudinal measures analysis evaluated the repeated measures for several laboratory tests. Absolute lymphocyte count (ALC)

# iMCD cohort (non-deceased iMCD cohort, n = 66; deceased iMCD cohort, n = 6)

Around the time of diagnosis, immunoglobulin M (IgM; t = 4.655, p = 0.0002), international normalised ratio (INR; t = 2.066, p = 0.0427) and platelet count (t = 3.144, p = 0.0114) were significantly decreased in the deceased iMCD group compared with the non-deceased iMCD group (Figure 1 and Table 3). IgM was below the lower limit of normal (LLN) for three patients from the deceased iMCD group, and platelet count was below the LLN for four deceased iMCD patients. Unlike the other two parameters, the INR levels were closer to normal in the deceased iMCD group than in the non-deceased iMCD group (Table 3).

# DISCUSSION

This study provides new insights into differences between patients with CD who have fatal outcomes and those with non-fatal outcomes. Preliminary analysis of this small cohort of deceased patients demonstrates that MCD can cause severe illness requiring frequent hospitalisation and urgent treatment upon diagnosis.

The exploratory analyses highlight potential factors for identifying CD patients at high risk of deterioration or poor outcomes. A longitudinal decrease in ALC levels was seen in the deceased CD cohort compared with matched controls and was significantly reduced at months 3 and 6 relative to matched controls. Lymphocytopenia increases the risk of recurrent infections and suggests immunodeficiency or homing of lymphocytes to secondary lymphoid organs.<sup>35</sup> It is unclear whether the decrease in ALC levels over time in deceased patients is due to underlying pathophysiological differences in disease or is a result of more intensive treatment, particularly with chemotherapy, or rituximab and cumulative steroid exposure. The deceased CD cohort was treated with significantly more regimens per year than the matched-control CD cohort, although the total number of regimens administered was similar between the groups. Interestingly, ALC has been proposed as a prognostic marker in COVID-19, in which cytokine storm and immune system over-activity can cause severe illness.<sup>36-38</sup> Low ALC levels are suggestive of greater disease severity and worse outcome in COVID-19, which is consistent with our findings. Thus, diligent evaluation of ALC could help assess risk of fatal outcome.

These analyses also reveal potential factors around the time of diagnosis that may be helpful for identifying patients with iMCD who are at high risk of deterioration or

**TABLE 3** Laboratory values at time of diagnosis (non-deceased iMCD, n = 66 and deceased iMCD cohorts, n = 6)

iMCD group	Non-deceased iMCD			Deceased iM	Deceased iMCD		
Laboratory measures	Mean	SD	n	Mean	SD	n	<i>p</i> value
Haematology							
Absolute basophil count (×10 <sup>9</sup> /l)	0.24	1.60	65	0.06	0.08	5	0.3851
Absolute eosinophil count (×10 <sup>9</sup> /l)	0.14	0.15	65	0.10	0.15	5	0.6791
Absolute lymphocyte count (×10 <sup>9</sup> /l)	2.23	3.02	65	1.61	0.66	5	0.2265
Absolute monocyte count (×10 <sup>9</sup> /l)	2.78	16.00	65	1.28	0.96	5	0.4671
Absolute neutrophil count (×10 <sup>9</sup> /l)	7.18	3.85	66	6.65	3.86	6	0.7810
Haemoglobin (g/l) <sup>a</sup>	104.8	25.1	66	85.0	28.4	6	0.1843
International normalised ratio	1.70	2.09	63	1.13	0.14	6	0.0427
Platelet count (×10 <sup>9</sup> /l)	217.97	166.80	66	92.67	76.17	6	0.0114
Prothrombin time	14.16	2.94	55	14.40	2.78	6	0.8612
White blood cell count (×10 <sup>9</sup> /l)	10.18	3.83	65	12.89	10.65	6	0.5944
Chemistry							
Albumin (g/dl) <sup>a</sup>	31.4	14.8	66	28.8	0.99	6	0.6113
Alkaline phosphatase (µkat/l)	2.32	1.61	66	2.47	1.14	6	0.7898
Alanine aminotransferase (µkat/l)	0.35	0.30	66	0.51	0.38	6	0.3828
Aspartate aminotransferase (µkat/l)	0.39	0.25	66	0.50	0.19	6	0.2912
Blood urea nitrogen (mmol/l)	0.89	6.24	66	10.21	4.74	5	0.4231
Creatinine (µmol/l)	248.40	1155.39	66	91.94	20.33	6	0.2816
C-reactive protein (mg/l) <sup>a</sup>	76.83	88.18	61	138.54	88.42	6	0.1855
Estimated glomerular filtration (rate ml/min/1.73m <sup>2</sup> )	1.63	0.48	60	1.20	0.40	5	0.0956
Lactate dehydrogenase (µkat/l)	4.20	3.14	64	8.65	9.52	6	0.3450
Total bilirubin (μmol/l)	20.87	31.3	65	33.69	52.51	6	0.6149
Uric acid (mmol/l)	0.40	0.18	53	0.34	0.13	5	0.4357
Immunology							
Immunoglobulin A (g/l)	2.46	1.71	58	1.40	0.78	4	0.0934
Immunoglobulin G (g/l)	18.76	16.11	61	15.67	9.27	6	0.5246
Immunoglobulin M (g/l)	1.09	0.77	60	0.46	0.18	5	0.0002

p values in bold denote significance. iMCD, idiopathic multicentric Castleman disease; SD, standard deviation.

<sup>a</sup>Patients were matched in part based on C-reactive protein, haemoglobin and albumin (CHA), so the results of these differences in CHA would not be expected to be different.

poor outcomes, including IgM, platelet count and INR. These preliminary findings indicate that the deceased iMCD group may be in a state of greater immune dysregulation (indicated by significantly lower IgM at time of diagnosis) and at increased risk of bleeding events (significantly lower platelet count at diagnosis) compared with patients who survive. The lower platelet count in the iMCD patients with a fatal outcome is likely reflective of the increased frequency of patients with the iMCD-TAFRO clinical subtype among the deceased group, as thrombocytopenia is a key feature of TAFRO. The greater proportion of iMCD-TAFRO cases in the deceased cohort also supports previous literature highlighting the high and early mortality observed in patients with this subtype.<sup>18,39,40</sup> It is also worth noting the relatively high proportion of iMCD-TAFRO cases (54.2%) across all the iMCD patients in ACCELERATE, given that these are

exclusively from the United States, and there was a sense early on that iMCD-TAFRO was primarily found in Asia, where it was first described.<sup>41,42</sup>

Interestingly, other groups have identified low platelet count as a risk factor for mortality: in a 2012 CD cohort analysis by Dispenzieri et al., age, sclerotic bone lesions, low platelet count and low serum albumin were suggested as risk factors for death in patients with CD.<sup>26</sup> Additionally, for patients with iMCD-TAFRO, a drop in platelet count tends to reflect a flare in iMCD activity.<sup>8</sup> Unlike IgM and platelet count, around the time of diagnosis, INR levels were closer to normal in the deceased iMCD group than in the non-deceased iMCD group. Additional research is needed into the use of these markers as predictors of mortality and the timing of changes. Although the sample size was too small to identify predictors of response to certain therapies in deceased and non-deceased iMCD



**FIGURE 1** Patients with iMCD in the deceased group (n = 6) and non-deceased iMCD group (n = 66). (A), (B) and (C) show the mean  $\pm$  SD of IgM, INR and platelet count respectively, in the deceased iMCD and non-deceased iMCD groups. IgM, immunoglobin M; iMCD, idiopathic multicentric Castleman disease; INR, international normalised ratio; SD, standard deviation. \*, significance [Colour figure can be viewed at wileyonlinelibrary.com]



**FIGURE 2** Repeated-measures linear mixed model for monthly ALC in the deceased CD and matched-control CD cohorts. Values in the graph represent mean ± SD. The values at month 0 show the ALC counts at the time of diagnosis. ALC, absolute lymphocyte count; CD, Castleman disease; SD, standard deviation. Note: *p* values changed over time, but only significant time points have been highlighted [Colour figure can be viewed at wileyonlinelibrary.com]

patients, previous work has identified laboratory tests and a proteomic panel capable of predicting response to siltuximab.<sup>43,44</sup> Notably, insufficient evidence existed to use the histopathological subtype to guide treatment approaches.<sup>45</sup> Patients in the deceased CD cohort had significantly more treatment regimens and hospitalisations per year than the matched controls. The observation that patients in the deceased CD cohort received many treatments within a short time suggests that a lack of treatment or undertreatment were not factors associated with mortality, but that there was a lack of clinical response to the treatments.

Substantial variability in time to diagnosis and time to treatment for patients with CD was also seen, reinforcing the need to improve diagnosis and time to treatment for patients.

The majority of iMCD patients were treated before the first-ever iMCD consensus treatment guidelines were published in 2018.<sup>20</sup> Regimens were therefore likely selected based on evidence from other diseases or the experience of the treating physician.



**FIGURE 3** Kaplan–Meier survival estimates for the Castleman disease patients with a Certification and Access Subcommittee-approved diagnosis in (A), the general Castleman disease cohort (*n* = 139) and (B), the idiopathic multicentric Castleman disease cohort (*n* = 71). CI, Confidence interval; KM, Kaplan–Meier [Colour figure can be viewed at wileyonlinelibrary.com]

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Siltuximab is the only FDA- and EMA-approved targeted treatment for iMCD and is recommended as the firstchoice treatment in iMCD consensus guidelines.<sup>20,46,47</sup> Our analysis revealed that many patients with iMCD were treated with siltuximab rather than with tocilizumab (25.0% received only tocilizumab, whereas 54.1% received only siltuximab as the IL6-blocking therapy). In the deceased iMCD cohort, the most common therapies administered were cytotoxic chemotherapies, corticosteroids with other treatments and rituximab in combination with other treatments. In line with the broader iMCD population, half of the deceased cohort received siltuximab therapy. Of the six deceased iMCD patients, five were diagnosed after the approval of siltuximab (2014), but only one patient was diagnosed after the iMCD consensus guidelines were published (2018).<sup>21,46,47,48</sup> The reduced frequency of siltuximab use in the eligible iMCD population may have been due to a lack of familiarity with, or awareness of, siltuximab or the consensus-based iMCD treatment guidelines, or a lack of local availability.

There are several limitations to our analyses. Although the dataset came from the largest registry of CD to date, the sample size of the deceased CD cohort was limited. As a retrospective observational study with a small sample size, the interpretation and generalisability of the results are limited, and we cannot exclude the possibility of unmeasured confounding factors. The limited sample size also affected the matched-control CD group, as there were not enough patients to match two controls to each deceased patient. Laboratory measures such as haemoglobin, albumin and CRP may be important prognostic factors, but since we matched cases and controls on these measures, we were unable to assess their prognostic role and needed to find additional factors. Furthermore, these are real-world data and therefore not collected according to a consistent schedule. Low sample size meant that it was not possible to capture and analyse the effects of various treatments on mortality. The repeated-measures analysis of variance/linear mixed modelling results may not be robust, as the sample size was low (although changes in ALC had a large effect size). Since no correction for multiple comparisons was performed, the results are prone to type I error. The data presented are thus exploratory, and a future corollary study with a larger sample size is required to confirm our findings. Finally, variability in treatments used between patients presents another possible confounder. Understanding what is driving treatment choices and how to facilitate effective management with targeted therapy could improve outcomes in patients with CD.

Our study demonstrates that there may be differences between patients who have fatal and non-fatal outcomes, and we provide preliminary suggestions for parameters to evaluate (platelet count, IgM and ALC) that may help to improve patient management. To improve our understanding of how to monitor and optimise treatment of patients with CD, further patient enrolment (www.CDCN.org/ACCELERATE), data collection and real-world analyses through studies such as ACCELERATE are essential.

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# **CONFLICT OF INTERESTS**

David C. Fajgenbaum has received research funding for the ACCELERATE registry from EUSA Pharma and consulting fees from EUSA Pharma, as well as study drug from Pfizer for a clinical trial of sirolimus, and holds pending provisional patents for "Methods of treating idiopathic multicentric Castleman disease with JAK1/2 inhibition" and "Discovery and validation of a novel subgroup and therapeutic target in idiopathic multicentric Castleman disease." Karan Kanhai is an employee of EUSA Pharma. Megan S. Lim received honoraria for participation in advisory board meetings for EUSA Pharma. Gordan Srkalovic reports speakers' bureau involvement with Takeda, Janssen Pharmaceuticals, Foundation Medicine and EUSA Pharma. Thomas S. Uldrick reports research support from Roche and Celgene, receives study drug for a clinical trial from Merck & Co, and is an employee of Regeneron. Frits van Rhee reports a consultancy relationship with Takeda, Sanofi Genzyme, EUSA Pharma, Adicet Bio, Kite Pharma and Karyopharm Therapeutics. All of the other authors report no competing interests.

## AUTHOR CONTRIBUTIONS

All authors critically discussed and commented on the paper. David C. Fajgenbaum and Sheila K. Pierson defined the concept of the paper and supervised the ACCELERATE registry.

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# SUPPORTING INFORMATION

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